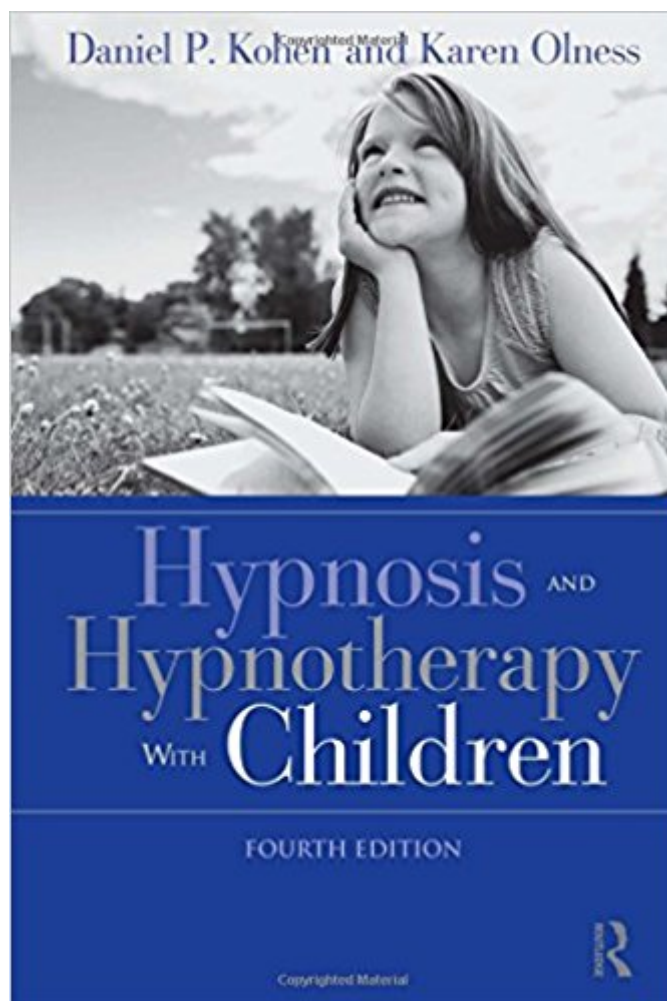


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# Hypnosis And Hypnotherapy With Children, Fourth Edition



## Synopsis

Updated and revised in response to developments in the field, this Fourth Edition of *Hypnosis and Hypnotherapy With Children* describes the research and clinical historical underpinnings of hypnosis and hypnotherapy with children and adolescents, and presents an up-to-date compendium of the pertinent world literature regarding this topic. The authors focus on the wide variety and scope of applications for hypnotherapy; including an integrated description of both clinical and evidence-based research as it relates to understanding approaches to various clinical situations, case studies of practical aspects, and how-to elements of teaching hypnotherapeutic skills to clients.

## Book Information

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## Customer Reviews

“Already a classic, this greatly expanded and comprehensive textbook with a heart places Kohen and Olness as the undisputed patrons of pediatric hypnosis. This book synthesizes research in self-regulation, neurobiology and integrative medicine. The detailed descriptions of working hypnotically with children and adolescents yield prescriptions for health and wellness that emphasize utilizing innate resources.” - Julie H. Linden, PhD, President-Elect, ISH; Past President, ASCH; Private Practice, Philadelphia, Pennsylvania, USA “Daniel Kohen and Karen Olness generously share their extensive clinical experience and profound knowledge in their book *Hypnosis and Hypnotherapy with Children* while still remaining practical in their advice and providing a fun read - quite a unique feat among healthcare publications.” -

Elvira V. Lang, MD, Associate Professor of Radiology, Harvard Medical School, USA

“Kohen and Olness have written the first and finest authoritative and comprehensive book on hypnosis with children and adolescents – evident by this their 4th Edition. They are respected pioneers in this field and no-one can compete with their expertise!” - Leora Kuttner, PhD, Clinical Professor, British Columbia Children’s Hospital and University of British Columbia, Canada

Daniel P. Kohen, MD, is a professor in the departments of pediatrics and family medicine and community health, and the director of the developmental-behavioral pediatrics program at the University of Minnesota. He is a Fellow of the American Academy of Pediatrics, the American Society of Clinical Hypnosis, and the Society for Clinical and Experimental Hypnosis. He is Past-President of the American Board of Medical Hypnosis, Minnesota Society of Clinical Hypnosis. Karen Olness, MD, is a professor of pediatrics, family medicine and global health at Case Western Reserve University, as well as a Fellow of the American Academy of Pediatrics, the American Society of Clinical Hypnosis, and the Society for Clinical and Experimental Hypnosis. She is also Past-President of the American Board of Medical Hypnosis, the American Society of Clinical Hypnosis, the Society for Clinical and Experimental Hypnosis, and the International Society of Hypnosis.

Unaware this is a book on case studies, I was disappointed when I purchased it hoping to learn the methods in helping my own children. This book is great for reading past studies and the end results of how other doctors feel, but the paragraphs and examples they give are not in depth enough to assist in understanding. Perhaps breaking the book down and going more into detail would work better, but this book appears as a compilation of other doctors’ theories wrapped up with these doctors’ opinions.

As it states, at the time of publishing (1981) there was only one other book written on the topic, 20 years ago, and it was only a brief overview. As this literature was long overdue, the authors were highly motivated in writing it, as you can imagine. This is one of the better books on hypnosis; the information is still true today. I have not read any newer books on this particular subject, but if you’re looking for an excellent place to start, you can feel totally confident in purchasing this book. And unlike so many other books I have read, which deal with theory and clinical considerations ... this book includes the complete hypnotic pattern for administering suggestibility tests. That alone makes it

worth the purchase (I think I paid a penny for mine); but you will find much more than that. This book is a fantastic resource and if you're a practicing hypnotist, it ought be on your bookshelf, in your mind. Go on now, reach for it. That's it, you've got it!

Great book for hypnotherapists.!!!

This book's first edition was published in 1981, describing itself as a "comprehensive text...[providing] an up-to-date survey of the available information on child hypnotherapy...a detailed, thorough, and stimulating source of ideas and creative approaches to understanding children and helping them develop their potential to the fullest." The revised and expanded third edition includes new material, but hasn't changed substantially from the first edition - it is hard to improve on perfection. In its latest incarnation, this third edition remains the "gold standard in the field." For more specifics, do see my published review on this book in the Journal of the American Academy of Child and Adolescent Psychiatry, 36:12, December, 1997, pages 1782-3

Truely the most comprehensive review of the medical/psychological literature on the topic of hypnosis in children. Dr.'s Kohen and Olhness have done it again.

Disappointed the cover is a bland silver and not the cover as shown on . Content is useful.

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